

## *Abington Memorial Hospital*

### **Summer Programs: Babysitting, Grandparenting**

Abington Memorial Hospital is sponsoring two summer programs to benefit families. "First Steps to Grandparenting" focuses on baby care as well as issues many grandparents face, such as how much to be involved and how to establish and respond to boundaries. This program is hosted by physicians from the departments of Pediatrics and Family Practice and co-facilitated by the Parenting Resource and Education Network of Lakeside Education Network. It will be held Wednesday, June 13 from 7:00-9:00 p.m. at Abington Memorial Hospital's Dixon Building, ground floor, classrooms A & B. To register, contact Community Health Education at the Hospital at 215-481-2204.

A second summer offering, "Babysitting Workshop," is conducted by Child, Home & Community, Inc. This six-hour program teaches young people to become more qualified and responsible babysitters. Certificates are issued upon completion. The workshop covers basic childcare, age-appropriate activities, how to handle family routines and emergencies, and other topics. Pre-registration is required since class size is limited. This workshop will be held Saturday, July 21 from 9:00 a.m. to 3:00 p.m. at Abington Memorial Hospital. The cost is \$30. Participants may bring or buy lunch. To register, contact Child, Home and Community, Inc. at 215-348-9770.

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## *Abington YMCA*

### **Meet New Director; Register for Summer Programs**

Kenyette Barnes recently arrived at the Abington YMCA to fill the newly created position of Director of Adolescent Services. She will recruit teens for both existing programs and those she plans to develop, focusing on leadership, arts and humanities, volunteerism, and community service. Kenyette also plans to develop community links to deal with prevention issues concerning drinking and driving, diabetes in children, and teen pregnancy. She will disseminate information about sexually transmitted diseases. She explains, "We want more than kids just hanging out. We will take a comprehensive approach in giving them information they can take with them and use the rest of their life to make healthy decisions."

The Y offers two camp opportunities this summer. Summer Teen Camps focus on arts and humanities, field trips, and sports. "For instance," Kenyette explains, "we want the kids to paint murals here that will be both fun and give them some ownership of the space. We will visit museums, take them canoeing, and expose them to equestrian sports." These weekly camps for 13-15-year-olds run June 18 to August 17, weekdays 9:00 a.m. to 3:00 p.m. The cost is \$110 to members, \$120 to non-members.

Teen Leaders in Training Camp emphasizes leadership and runs from June 18 through July 9 for 15 and 16-year-olds. It focuses on career and job preparation, including resume writing, interviewing skills, and a session led by Abington Memorial Hospital professionals about applying to medical schools.

Kenyette directs programs for both high school students and Tweens (6<sup>th</sup> through 8<sup>th</sup> graders). For availability and registration, call Kenyette at 215-884-9622, ext. 223.