

## Baccalaureate Offered in Abington

The Old York Road Ministerium comprising a number of churches and a synagogue in Abington is sponsoring a baccalaureate service on Sunday, June 4, 2000 at 3:00 p.m. at Abington Presbyterian Church, 1082 Old York Road, Abington. Seniors and their families and friends are invited to attend this service of thanksgiving to God for this special time of commencement.

## Parenting Center: New Location and Courses

Tomorrow's troubles can be in today's cribs and on today's playgrounds, but much trouble can be averted if parents begin now to avail themselves of parenting education. The Parenting Center at Abington provides just that community resource with a variety of new programs and on-going activities and workshops. Recently relocated to 1130 Old York Road, Abington (just south of the Township Building and Guernsey Ave., behind the white house), the Center offers a place for parents to connect with other parents in a child-friendly, supportive environment.

New this spring to answer the parenting cry, "I want to be a better parent but I don't know how!" is "Fundamental Skills for Effective Parenting." Beginning Wednesday, February 23, 9:15-11:45 a.m., this 10-week course will take an in-depth look at healthy parenting techniques by covering effective discipline, self-esteem, communication skills, family dynamics, child development, and team parenting. Fees are \$120 for members and \$140 for non-members, plus the cost of books to be read during the course.

A second new offering is a book discussion group. Reading *Kids Are Worth It* by Barbara Coloroso, the group will meet weekly for six weeks, beginning Monday, February 14, 10:00-11:30 a.m. or Tuesday, February 15, 1:00-2:30 p.m. A team of certified parenting educators will lead discussions that share thoughts, reactions, and insights on the challenges of parenting children of all ages. The group will have the opportunity to hear the author speak in March. The fee is \$24 for members, \$30 for non-members.

Play 'n Share is an on-going, drop-in discussion group held Fridays, 10:00-11:30 a.m. Toddler Activity Time is a parent-and-child mini pre-school held Wednesday and Thursday mornings. A wide variety of educational workshops are being offered this spring. For more information, fees, and registration, call the Center at 215-576-0586.

- **Tools for Effective Discipline** February 28, March 6, 13, & 21, 7:00-9:00 p.m., McKinley Elementary School.
- **Raising the Temperamentally Challenging Child** March 14 & 22, 7:00-9:00 p.m., Rydal Elementary School East.
- **Coping with Anger—Yours and Your Child's** March 21 & 28, 6:30-8:30 p.m., Overlook Elementary School.
- **Helping Your Child Succeed in School—Homework and Other Issues** April 3 & 10, 7:00-9:00 p.m., Roslyn Elementary School.
- **Coping with Sibling Rivalry** April 3 & 10, 7:00-9:00 p.m., Highland Elementary School.
- **Building Character, Confidence, and Self-Esteem in Your Child** April 6 & 13, 9:15-11:15 a.m., Glenside-Weldon Elementary School.
- **Limit Setting for Toddlers** May 17 & 24, 7:00-9:00 p.m., Holy Trinity Lutheran Church, Abington.
- **Getting Your Needs Met as a Parent** May 31, 7:00-9:00 p.m., Holy Trinity Lutheran Church, Abington.
- **Transition to Summer—Frolic, Fun, and Frantic** June 5, 9:15-11:15 a.m., Holy Trinity Lutheran Church, Abington.